# What do I want to pass on?

## Image for the weekly letter for Nov. 8th, 2026, no. 16




**Explanation of the choice:**
In your own life, you also sometimes have to change course due to changed life circumstances and/or aging.

**Quote**
*"Perhaps that is why passing on love begins with a question to ourselves: which values, beliefs, and habits do I want to preserve? And what is allowed to end with me? Passing on love or other values can also mean that you have to let go. By speaking where silence was previously maintained. By making room for vulnerability."*

Questions or remarks? Beeldengroep@apgen.nl.

Warm regards on behalf of the beeldengroep, Rob Buitenkamp

Image: https://pixabay.com/nl/photos/ouderen-stel-tuin-gesprek-10186248/